

Gerard Coté, President CVO@allowsolutions.com www.allowsolutions.com 541-310-2232

10 Choices that Create Happiness and Balance

Choose to lovingly honor the Divinity that you are a part of

Choose to loving care for the mysterious gift that is your body

Choose to lovingly respect the environment that you are in

Choose to humbly honor everyone along your path

Choose to consciously honor your agreements

Choose to joyfully respect others choices

Choose to gently share from the heart first, mind second

Choose to treat people the way you wish to be treated

Choose to respect other's things the way you wish to have yours respected

Choose to be present and FEEL the love that IS Happiness and creates Balance